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RUN FOR RECOVERY SUPPORTS PREVENTION, TREATMENT, RECOVERY PROGRAMS IN CLEVELAND AS NUMBER OF DRUG OVERDOSE DEATHS CONTINUES TO RISE

The 6th Annual Run for Recovery is hosted by Recovery Resources, a Cleveland non-profit that helps people triumph over mental health, alcoholism, drug, and other addictions.

August 18, 2018 (Cleveland, OHIO) - According to the Cuyahoga County Medical Examiner's Office, more than 800 people lost their lives to a heroin, fentanyl, or cocaine overdose in 2017. Recovery Resources works hard to prevent these deaths and get people into recovery, but we need help to continue providing care. On August 18th, Recovery Resources will hold its 6th Annual Run for Recovery, a 5K run and one mile wellness walk with proceeds benefiting our clients. "The Run for Recovery is such an important fundraiser for our agency and all of the money raised goes directly towards critical services for our clients, including treatment, transportation to appointments, and everyday basic necessities," said Recovery Resources President & CEO Pamela Gill.

The Run for Recovery celebrates recovery and remembers those we have lost. "At last year's Run for Recovery, we had over 600 people attend, which represents the number of Cleveland deaths in 2016. That number has regretfully increased and we hope to honor the 822 lives lost in 2017," said Gill.

The Run for Recovery is hosted by members of the Recovery Resources Associate Board, most of whom have seen or dealt with the effects of mental health, addiction or alcoholism firsthand. A few of them are willing to share their heart-felt, personal stories to raise awareness for the cause and help break the negative stigma. If you are interested in an interview, please contact Recovery Resources Marketing & Communications Manager, Carrie Larsen, at clarsen@recres.org or (216) 431-4131, Ext. 2502.

All 5K and walk participants will receive a free zoo ticket. There will be many family-friendly activities during the event, including face painting and a music DJ. New this year is the "We Remember Memorial Wall", honoring lives lost to an addiction-related illness. Registrants have the opportunity to send in a picture and description of their loved one, which will be displayed at the event.

Please join us the morning of August 18 between 7:00 a.m. to 10:00 a.m. at the Cleveland Metroparks Zoo, 8900 Wildlife Way, Cleveland, OH 44109.

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If you would like more information about the Run for Recovery, please visit recres.org/RunforRecovery or contact Carrie Larsen at (216) 400-7928 or email at clarsen@recres.org.